

Ask us how we can help your patients with the rising costs of prescription medications.



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The Mortar & Pestle:

MD Custom Rx's monthly e-newsletter

June 2017

Greetings!

Thank you for entrusting in the compounding services at MD Custom Rx to help meet the unique medication needs of your patients. We are excited to share our monthly newsletter with you and look forward to continuing to be your medication problem solvers. Please don't ever hesitate to let us know how we can be of further assistance to you and your practice.



Sincerely,
Dan, Monica and John

LEGISLATIVE UPDATE

Congress Acts to Preserve Patient Access to Compounded Medications by Including Compounding Language in Federal Funding Law

In a considerable win for patients who need compounded medications, the International Academy of Compounding Pharmacists (IACP), working with the Drug Quality & Security Act (DQSA) Coalition, announced that the President has signed H.R. 244, which includes language that addresses the Memorandum of Understanding, office-use, and pharmacy inspections.

This bipartisan legislation includes critical language which clarifies congressional intent on several compounding regulations implementing the Drug Quality and Security Act (DQSA) of 2013. The regulations addressed are among those on which Congress had asked FDA for additional clarity and expressed strong concern that FDA implementation actions were drastically decreasing patient access to vital compounded medications.

We would like to express our gratitude to the Representatives and Senators who worked tirelessly to preserve patient access to vital compounded medications. If you would like more information on protecting access to compounded medications, please contact our pharmacist or visit www.p3rx.org.

Due to stability concerns and the cost of stocking and distributing numerous formulations of each drug, medications are manufactured in a limited number of strengths and dosage forms that will satisfy the needs of most patients. Using pharmaceutical grade chemicals and specialized equipment not found in most pharmacies, we can compound medications in doses and dosage forms that are not commercially available.

We can compound medications into cosmetically appealing topical or transdermal creams and gels, sprays, and powders. Chemicals from FDA-inspected facilities can be utilized to enhance the absorption of topically applied medications.

Oral dosage forms such as lozenges, lollipops and suspensions can be flavored for each individual. Compatible drugs can be combined into a single dosage form to simplify a medication administration schedule and improve compliance. We commonly prepare unique formulations that physicians develop to meet specific needs of their patient population, or "tried and true" formulas acquired during medical training. We want to optimize the care of every patient. Just let us know what you need!

Following are examples of how our compounding pharmacist can work together with patients and their doctors, nurse practitioners, and other health care providers to meet specific needs. Future issues of our newsletter will focus on other therapeutic categories.

PAIN is the most common problem for which individuals seek medical attention. Untreated acute pain can evolve into chronic pain, which can be difficult to treat. Over 25% of adults report chronic pain that impairs the quality of their lives. Commercially available pain medications can cause drowsiness, dizziness, or gastrointestinal distress. These side effects can often be avoided by administering the needed medication topically or transdermally. Patients with chronic pain are often prescribed multiple medications to treat a variety of symptoms.



Compounding's resurgence in recent years provides valuable benefits to those who suffer from acute or chronic pain. Frequently, we can compound a preparation that combines several medications into a single topical cream or gel which can be applied directly to the affected areas. This typically increases adherence to therapy and can improve therapeutic outcomes.

Every individual is unique, and the types of pain are equally diverse. We work together with patients and their physicians to tailor prescription therapy for each individual's unique needs. Ask us about customized medications to treat:

- Neuropathic pain (including diabetic peripheral neuropathy)
- Sports injuries
- Headaches/Migraine
- Pain from traumatic injury

PALLIATIVE CARE: The skill and caring of a knowledgeable compounding pharmacist can complement a physician's abilities. Patients with chronic illnesses or who are nearing the end of life frequently require symptom control and pain relief. While every individual is unique, common symptoms and problems include:

- Nausea and Vomiting
- Severe Constipation
- Diarrhea
- Decubitus Ulcers
- Shortness of Breath
- Anxiety



Compounded medications are available to help with all of the above problems. We work closely with physicians and caregivers to customize a personal solution that meets the needs of each patient so that patients can enjoy precious time with loved ones.

HORMONE REPLACEMENT THERAPY is most often used to replace hormones that are deficient (for example, due to hysterectomy) or to relieve symptoms of menopause. Compounding pharmacists can meet the needs of perimenopausal and menopausal women through the use of plant-derived hormones that are biologically identical to those naturally occurring in women.

Natural hormones such as estrone (E1), estradiol (E2), estriol (E3), progesterone, testosterone, dehydroepiandrosterone (DHEA), and pregnenolone, or combinations of hormones can be compounded in a variety of strengths and dosage forms including capsules, topical or transdermal creams and gels, suppositories and sublingual troches. Our pharmacist is happy to provide more information.

DERMATOLOGY is an area where compounded medications offer alternatives and advantages. Customized medications can help with problems that have not responded to commercially available preparations, such as:

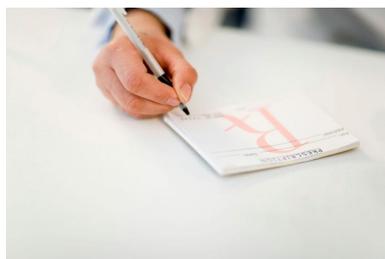
- Resistant Acne
- Alopecia
- Athlete's Foot
- Diaper Rash
- Molluscum Contagiosum
- Nail Removal
- Pigmentation Abnormalities, such as Melasma
- Warts or Plantar Warts
- Rosacea
- Scarring and Keloids
- Topical Anesthetics
- Photoaged Skin/Wrinkles
- Psoriasis



Ask us about cosmetically appealing bases, and options that are non-comedogenic, hypoallergenic, oil-free, paraben-free and petrolatum-free. *We will customize a personal solution that meets the needs of each patient.*

Your questions are welcome.

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Write a Prescription for a Compound

Learn more about how to write a prescription for a compounded preparation.

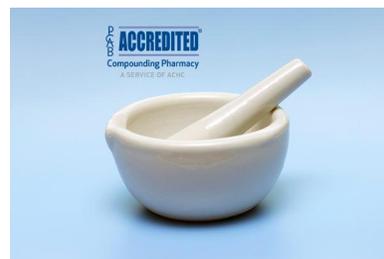
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Collaborative BHRT Prescribing

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