

The Mortar & Pestle:

MD Custom Rx's monthly e-newsletter

September 2017

Greetings!

At MD Custom Rx, we care about our patients and want to provide you with quality information about your health. If you ever have questions or would like more information, please feel free to ask. We look forward to caring for you and your family.

Sincerely,
Dan, Monica and John



Treating Fibromyalgia and Autoimmune Diseases

Fibromyalgia - also known as fibrositis or fibromyositis - is a chronic pain disorder that causes lasting and sometimes debilitating muscle pain, fatigue, sleep disturbance and cognitive impairment. No one knows exactly what causes it, but it may be triggered by injuries, emotional trauma, or viral infections.

Although symptoms of fibromyalgia resemble those of some autoimmune diseases, fibromyalgia does not appear to be caused by autoimmune factors. Fibromyalgia can be difficult to diagnose. It can take 5 years for the average person with the condition to finally get a diagnosis. As many as three out of every four people with fibromyalgia remain undiagnosed. And, once diagnosed, a significant number of patients do not respond adequately to drugs that are currently FDA-approved for treatment of fibromyalgia.



Autoimmune diseases such as Rheumatoid Arthritis, Inflammatory Bowel Disease, Multiple Sclerosis and Hashimoto's Thyroiditis occur when a person's immune system begins producing antibodies that attack and damage the body's own tissues instead of fighting infection. Research is revealing new treatments that may reduce various inflammatory

autoimmune processes and provide relief from symptoms of these conditions.

Our compounding pharmacists can help patients dealing with fibromyalgia and autoimmune disorders. **Talk to us today about customized medications to treat problems that have not responded to commercially available drugs.**

References:

<http://www.umm.edu/health/medical/reports/articles/fibromyalgia>

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Mult Scler. 2008 Sep; 14(8):1076-83.

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GLUTEN [FREE] SUPPORT

With Dr. Dan Zatarski, PharmD

*What's the deal with gluten?
Why should I be concerned?*

How do I become gluten free?

*How do I repair gluten damaged
tissue, restore my immune system &
revitalize overall health?*



Tuesday, September 19th
6:30pm - 8:00pm

At MD Custom Rx
In the Sendiks Towne Center
19035 W. Capitol Drive. Ste. 105
Brookfield, WI 53045

Call 262-373-1050 to Register. Space is Limited.

Cost: \$10 per person - receive back as supplement credit the day of event.



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