

## The Mortar & Pestle:

MD Custom Rx's monthly e-newsletter

July 2017

### Greetings!

At MD Custom Rx, we care about our patients and want to provide you with quality information about your health. If you ever have questions or would like more information, please feel free to ask. We look forward to caring for you and your family.

Sincerely,  
Dan, Monica and John



### Vaginal Dryness

Vaginal atrophy is thinning, drying and inflammation of the vaginal walls due to declining estrogen levels. This occurs most often after menopause and can lead to irritation, itching, burning, distressing urinary symptoms, painful intercourse, and loss of libido.



Administration of intravaginal estrogen is the conventional therapy for vaginal atrophy. The body naturally makes three types of estrogen, each with different actions and potential benefits. Our pharmacist will talk to your doctor about which type of estrogen might be best to treat your specific problem. A compounded preparation containing hyaluronic acid in combination with vitamins A and E in an intravaginal cream may provide an alternative for patients who cannot use hormones.

Our compounding pharmacist will work together with each woman and her physician to customize a prescription medication that is most appropriate to treat her specific problems. We can prepare vaginal creams, suppositories, and even a small vaginal insert with no residual discharge.

We welcome your questions.



## Order Refills Online

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## Compounded Medications

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## Nutritional Supplements

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