

The Mortar & Pestle:

MD Custom Rx's monthly e-newsletter

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Greetings!

At MD Custom Rx, we care about our patients and want to provide you with quality information about your health. If you ever have questions or would like more information, please feel free to ask. We look forward to caring for you and your family.

Sincerely,
Dan, Monica and John



Hormone Therapy for Migraine Sufferers

Migraines are common among women, but can be challenging to treat in older women. It was discovered that women with migraines were also more likely to have night sweats and hot flashes.

According to a new review of data from 67,903 participants in the Women's Health Initiative study, hormone therapy may benefit migraine sufferers without concerns about an increased risk of heart disease. Hormone use has been on the decline since the WHI clinical trials were published in 2002, but new data shows that hormone therapy can be recommended for women under age 60 who are within 10 years of menopause.



"Since migraines affect one in every four women and women with migraines are often advised to avoid hormone therapy, these findings may have significant public health implications," says Dr. Jelena Pavlovic, lead author of the study from Albert Einstein College of Medicine in the Bronx.

Women today have more options than ever before for treating their menopausal symptoms. Ask our pharmacist for more information about customized therapies to meet your unique needs.

***Are you suffering from migraines? We can help!
Request a Consultation with our Pharmacist.
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