

The Mortar & Pestle:

MD Custom Rx's monthly e-newsletter

April 2018

Greetings!

At MD Custom Rx, we care about our patients and want to provide you with quality information about your health. If you ever have questions or would like more information, please feel free to ask. We look forward to caring for you and your family.

Sincerely,
Dan, Monica and John



Couplepause: Treating Hormone Imbalance

At midlife and beyond, both men and women face changes that can affect sexual functioning. For women, estrogen deficiency can lead to vaginal dryness, irritation/itching, inadequate lubrication, and painful relations. For men, the prevalence of erectile dysfunction increases with age, and some men develop testosterone deficiency. While



typically one individual seeks treatment, it is helpful to address the sexual health needs of the aging couple as a whole. Taking a couple-oriented approach to evaluating and managing "couplepause" in the latter half of life can dramatically and simultaneously help both members of the couple to improve sexual satisfaction and intimacy.

[Sex Med Rev. 2018 Jan 19. pii: S2050-0521\(17\)30141-5.](#)

Ask our pharmacist about testing for hormone imbalances and the benefits of customized hormone restoration therapy.

Talk to our Vitamin Coach, Dan Zatarski, R.Ph., Pharm.D. to discuss supplement options that could help with hormonal symptoms and stress management.

SCHEDULE A CONSULTATION

MD Custom Rx PRESENTS:
**How Bio-Identical Hormone Therapy Can Help You
With Dr. Rita Sabeti, M.D.**

What happens when our hormones aren't balanced?

How is Bio-Identical Hormone Replacement Therapy different from Traditional Hormone Therapy?



**Thursday, April 26, 2018
6:30pm - 8:00pm**

At MD Custom Rx
In the Sendiks Towne Center
19035 W. Capitol Drive. Ste. 105
Brookfield, WI 53045

**Call 262-373-1050 to Register.
This event will fill up fast!
Space is Limited.**

Cost: \$10 per person - receive back as supplement credit the day of event.

Keep up-to-date with all events at MD Custom Rx! [READ MORE](#)

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